Excursion to Old Tailem Town 1-9-15

When cancer strikes, NATIONAL BANDANNA to charity at the end of 0427 016460 support can make all the difference. Unclaimed items will be washed and given to charity. Please check the lost property box outside A1 for lost items of clothing. Any unclaimed items will be washed and given to charity at the end of the term.

National Bandanna Day Friday 30th October When cancer strikes, your support can make all the difference. Help young people who have lost so much to cancer by showing your support this National Bandanna Day. More information early next term.

What can families do when their child comes home and says, “No-one wanted to play with me today”? Our first instinct is to comfort and reassure, perhaps we say, “Never mind, it will be better tomorrow.” Next afternoon, parents/carers might anxiously ask their child, “Did you have any friends to play with today?” A more helpful approach might be to begin by following the usual afternoon routines, make a comment about your own day, then try an open-ended question, “How was your day?” This is less likely to result in “Yes/No” answers and encourage more positive responses. Try developing a family tradition of each member sharing one or two good or interesting things from the day.

For example:
- Being on time for school
- Sharing with someone
- Answering a question
- Completing a task
- Helping someone

It is important to build our children’s skills in getting on with others and their capacity to make friends and deal with setbacks. Take a problem solving team approach, so a child feels they’re not alone with the problem and that there are solutions. Tackle their negative thoughts with bits of positive evidence. By this I mean when your child says, “I never have any friends!” think of a recent time they told you about and reply, “What, never? What about last week, you told me about that great game of soccer/netball with some other kids?” You might want to enlist support from your child’s teachers or School Counsellor. Teachers can encourage playing “friends for recess and lunch, other school activities and practical social skills.”

Below are a few further ideas from www.cyh.com article on Problems with Friends in the Kids Health section.

Getting along with other people

- Look interested. Give eye contact. Look at the person you are talking to or who is talking to you.
- Work on your conversation skills. Work at making that person know that you are really interested in what they are saying. Make listening noises and be ready to answer if they ask a question. Ask them to tell you about what they are interested in.
- Learn to read body language. Watch the expression on people’s faces. Don’t interrupt. If they look busy and harried, don’t try to start a conversation.
- Join in. Watch the popular TV shows and find out about the things other kids are talking about or are interested in so that you can join in their conversations. Join in their games and activities too. Practise how to ask about joining in. If they already have even teams you might ask someone if you could join with them.
- Ask others. If you have a ball or some other thing to play with ask others to join in with you. If you don’t feel confident about asking the “popular” kids, ask kids who don’t have friends to play with to join with you.
- Learn to encourage others. Make positive comments to people. “That was a good shot.” “Well done”, “Great drawing” etc. A quiet word of praise makes someone feel good and gets you noticed as being a kind and positive person. (Making a big production of something can embarrass the person you are trying to compliment).
- Offer to help. You can help others by ‘making up the numbers’ on their team, bringing something for them to use in a project, lending things, keeping score, being the referee, taking part in a group activity and showing yourself to be a reliable member of an activity group.
- It’s okay to say “NO”. If you say “Yes” to everyone even when you don’t want to do something then you will find that other kids will “put on you”. If people say “No” to you when you ask to play or something, you have to understand that they have the right to make that decision, just as you have the right to say “no” when you don’t want to do something. If you get upset when people say “No” to you then check out how other kids handle it and learn to expect that you will not always be able to have what you want.
- Stay away from fighters, bullies and troublemakers. People who are constantly in trouble with the teacher and who bully other kids are really not popular with anyone. They collect ‘hangers-on’ whom they allow to do their ‘dirty work’. Avoid them if you want to have real friends.
HAPPY BIRTHDAY!
Lachy (C10) 19th September
Kelise (U1) 19th September
Marni (U3) 19th September
Lashyia (C6) 19th September
Aluyan (C3) 18th September
Ari (C3) 19th September
Kyel (C4) 20th September
Nikku (C10) 20th September
Ritik (C9) 21st September
Ryan (C9) 22nd September
Derrick (C9) 22nd September
Jackson (U2) 23rd September
Kaya (U3) 23rd September
J’Sahnya (C5) 23rd September
Liam (C2) 25th September
Tiana (C9) 25th September

and in the holidays....
Jack (C7) 26th September
Jeremy (C4) 29th September
Calem (U5) 29th September
Pearl-Lana (C3) 30th September
Eli (C7) 30th September
Jacob (U4) 30th September
León (C2) 2nd October
Jacob (U3) 2nd October
Antonio (U2) 6th October
Brian (U4) 6th October
Kiara (C3) 7th October
Lachlan (C8) 7th October
Zack (U2) 11th October
Zac (U5) 11th October

CASUAL DAY—Next Friday 25th September.
Please wear something RED.
Gold coin donation. All proceeds will be going to RED CROSS.

Congratulations on being selected in the 2015 SAPSASA Athletic squad. We wish them good luck as they compete in Adelaide next week!

School Choir
Congratulations to our School Choir who performed at the Festival Theatre last Wednesday night!

The Earn & Learn program has now ended for this year!
As you know, our school has been participating in the Earn & Learn program. The program has now finished for this year, so a big thanks to everyone who supported our school.
We’re now at the important stage of the program where the Sticker Sheets are collected and lodged as our Earn & Learn claim. We will then be able to get new education equipment for our school. The more we collect, the more we can redeem. So this week, please send in your Woolworths Earn & Learn Sticker Sheets and any loose Earn & Learn stickers you may have. Thanks again for all your support!!

Whole School Assembly
this Friday 18th September at 9.10am will be run by U3 and U5

Important Notice
LAST DAY OF TERM 3 IS NEXT FRIDAY 25th SEPTEMBER!! School will be dismissed at 2:10pm. Have a safe and happy holiday!! School resumes on Monday 12th October.

Last Week of Term
Crazy Canteen Specials
MONDAY MILKSHAKES $2.00
Recess and Lunch.
TUESDAY TUTTI FRUITTI STICKS $1.00
Available at Recess
WEDNESDAY WEDGES with SWEET CHILLI SAUCE and SOUR CREAM $3.50.
Order for Lunch.
THURSDAY TASTY SPAGHETTI TOASTIE $2.00.
Order for Lunch.
FRIDAY FRIES (CHIPS) + GRAVY $3.50
Order for Lunch

Mrs Thomson
In the last 2 weeks C3 have been investigating Chance & Data. Here are some of the graphs we have created....